

## MEET OUR NEWEST TEAM MEMBER Lyndell Campbell Réquia

Missionary, Pastor's Wife, Teacher and Mentor

Share about yourself, your family and where you currently live. My name is Lyndell Campbell Réquia. I live in Porto Alegre, Rio Grande do Sul, Brazil. I have been married to Paulo Andre Réquia for 14 years. He is Brazilian and was born and raised in the city where we live. A dog and four birds make up the rest of our household.

Share where you grew up and your story of how you came to faith in Jesus. I was born in Shaunavon, SK, and was raised in a Christian home, so from birth attended church. I decided to follow Jesus at summer Bible camp when I was 7 yrs old. I don't know the exact date, but I remember repeating the prayer my counsellor taught us and the new meaning my life took on. We moved to Yorkton when I was 8 and started attending the NAB church there, Central Baptist (now Heritage Baptist). My family was always very involved in that church. I faithfully attended Sunday School, Discovery Kid's Club, youth group, and was involved in the choir that my father directed from grade 9 on. My youth pastor and his wife had a huge influence on my faith. They left to go to the North American Baptist College (NABC) before my last year of high school. I followed them there a year later.

How do you stay connected to Him—grow to be more like Him? I enjoy reading and studying the Bible and using the YouVersion Bible and Lectio 365 apps. I have my times of prayer alone and with my husband, Paulo. I enjoy podcasts, online book clubs and webinars. I participate in the bi-annual women's conference and regular association meetings with my Brazilian church.

Share with us the journey that led you to Brazil. From a young age, I was always very fascinated by the missionaries who visited our church. When I was on staff at NABC, I participated in a short-term missions trip to Brazil in 1996. I also led short-term mission trips to India (1999) and Belarus (2000), partnering with the International Bible Society.

When I was 32, God brought together four significant moments that confirmed his missionary calling on my life. I celebrated 25 years as a believer, and as I reflected on this milestone, I was ashamed of the lack of spiritual growth that I saw in myself. I reached the pinnacle of my career goal, becoming the Dean of Students at NABC, and I realized that this was not the "dream job" I had imagined it would be. As I prepared to lead the mission

team to India, I did some reading on the life of Mother Theresa. Her paradoxical viewpoint impacted me: she not only sought to treat everyone she met as if they were Christ, but she also strived to be the presence of Christ to these people. Lastly, in preparing to teach the book of Philippians, the Holy Spirit stopped me at chapter 1, verse 21: "For me, to live IS Christ". All of this led me to ask the question: how was I representing Christ to others? That year, at the Edmonton Missions Conference, I went forward when the call was

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## Purpose Statement

Women's Connection exists to connect women of the North American Baptist Conference, encouraging them in their desire to serve God. Our team is committed to providing resources to help women deepen their faith and equip them for ministry wherever God places them.

# Our Core Values

### **CALLING AND WORTH**

We value the essential role women play in ministry.

#### **QUALITY RESOURCES**

We value God's Word and seek resources that are Biblically sound, applicable and accessible.

### **BROADER CONNECTION**

We value supporting the broader vision of the North American Baptist Conference and developing a connection among North American Baptist Conference women.

## LEGACY AND THE FUTURE

We value the legacy of women who have gone before us and are committed to engaging the next generation.



## Lyndell Campbell Réquia

made to give my life to missions. Soon after, the NAB Brazil field invited me to consider filling a vacant position, as a professor, left by retiring missionaries.

What are your responsibilities (ministry) as an NAB missionary? My primary role since coming to Brazil in 2003 has been in theological education. It started by serving the Rio Grande do Sul Baptist Theological Seminary as professor and chaplain, and later as coordinator of the Pastoral Formation program. I am also involved in lay leadership training in area churches. In April 2024, our field established a new partnership with the Independent Baptist Theological Seminary, and I started teaching there this year. In 2019, I became the Brazil Field Director. As a field, we have partnered with our Southern Baptist colleagues to start a network supporting local church planters. We have also been developing a partnership with Hispanics for Christ, once again to support church planting in our area.

I am also a pastor's wife. My husband and I have had the privilege of serving a Baptist church for 8 years. Because the congregation is small, we do a bit of everything together with our small leadership team, like teaching, preaching, discipling, evangelizing, playing keyboard on the worship team, counselling, cleaning bathrooms, etc!

What experiences have you had working with/leading women? My first ministry position was as supervisor of the women's dormitories at NABC, where I worked directly with the female student leaders and cared for the women living on campus. Throughout my ministry, I continue to mentor young women called to vocational ministry. I have led the women's ministry at my church, as well as participated on the leadership team. I have spoken at many different women's events, trained women, and even had the privilege of being the speaker at a women's retreat in Portugal.

What other ministries have you been a part of during your lifetime? I have

served in Christian Education as a summer intern at Central Baptist in Edmonton, AB, and Sturgeon Valley Baptist in St. Albert, AB. I was the Christian Education minister at Temple Baptist in Leduc, AB. I have also participated in and led drama ministries. And my first couple of years in Brazil, I co-led a worship service in English.

How do you feel your experiences with various ministries would be valuable as you serve with a Women's Connection team? Having served in fulltime vocational ministry for 30+ years, I understand the challenges and the blessings of this calling. I have a passion to support other women in ministry, helping them find their place and persevere. I thrive in a team environment and value the input of others in my life. I admire the other members of Women's Connection and look forward to learning from them. I have a lot of experience teaching and training, and after many years living outside of North America, I bring a more global perspective (and maybe even some Portuguese!) to what I think, say and do. And as a missionary, I help maintain the link NAB women have always had with NAB missions.

Are there other gifts and areas of interest you have that would enrich NAB Women's Connection? I am a trained photographer.

Why would you be interested in serving on this leadership team? As someone who has been mentored, I understand the huge value of having someone come alongside you. The Lord has opened doors and led me to places I never imagined, so I want all my sisters in Christ to realize their full potential in the kingdom. I also want to learn and grow by being around this team of women I admire.

Our team is grateful for the way God has brought women who love Jesus and want to help see NAB women grow and thrive. We look forward to working together to see our purpose realized in the days to come.

# Co-Labouring of God's Hands and Feet in Canada and Cameroon

Thank you for all the work, donations, and prayers for this shipment! Our May container was loaded on May 26th and 27th as scheduled, including over 620 boxes from White Cross groups across Canada. We had toasty days in Edmonton, which made the loading a bit harder on our bodies. We are grateful for the team led by Ian, our Shipment Coordinator—they checked the paperwork and kept lifting and rolling the record number of boxes in the heat! (More pictures of the loading days are on our website.)

Providentially, the 26th was also the day our November container arrived in Mutengene, the location of Cameroon Baptist Convention Health Services' Central Pharmacy, the hub of distribution. We pray that these gifts from His hands and feet across Canada will bless His hands and feet in Cameroon, as we both join His work in where they are. And may He be known by many more and be glorified through the prayerful service, how we process things, and the goods that are prayed over!

Before the loading, we had a bed prep day at Mission to Children (International Arm of Hope Mission). All the beds and tables were cleaned, checked for functionality, and stacked. While container loading happens in a day, there





















are multiple preparation days and steps in Edmonton for every container.

Would you be interested in joining the next loading? Please reach out to Ian at 780-244-8661 or shipment@ whitecrosscanada.ca.

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# Pray for your Women's Connection Leadership Team as they:



Meet Face to Face as a Team in Bismarck North Dakota – August 15–16, 2025

Invite women in leadership roles in the British Columbia Region to a regional luncheon – September 13, 2025 Bethany Baptist Church, Noon–3:00 pm

Meet with Youth Pastors and Leaders on September 12 to plan for a future British Columbia Regional You Glow Girl event for High School & Middle School girls in the region.

## BLUE OCEAN 2025/2026

Blue Ocean is a one-year introduction to what it means to join God on mission, to be formed into a follower with the character of Christ, and to learn to reach friends and neighbors with a robust Gospel in our culture. Participants meet three times a year in three different cities across the United States and Canada for multi-day retreats.

Blue Ocean includes pastors, leaders, and regional ministers from across the NAB. Each cohort represents a cross-section of regions, church sizes, and ministry styles. The discussions are both encouraging and challenging.

The first module will take place in Vancouver, British Columbia, October 21–24, 2025, with the two subsequent modules in February 1–4, 2026, and May 5–8, 2026 (exact locations still to be determined).

Registration for the 2025/26 cohort of Blue Ocean is now open Click here to register: <u>Blue Ocean – North American</u> Baptists, Inc.

















White Cross ...from page 3

And even prior to the prep days, we always have workdays at the Ministry Centre to process items received from across Canada. In June, we got together on the 6th and 13th. We assembled baby layettes, inspected

and repacked medical supplies, sorted hospital supplies, in addition to our usual steps of weighing received boxes, taping and strapping ready-to-go boxes, and recording the box information for shipment. Knowing how much we needed to go through, some brought lunch to share and hosted a fun fellowship time as well.

Thank you for contributing to so many tasks with your skills and joy!

Next Workdays toward the next shipment are: Tuesdays, July 15, August 12, September 23, and October 14 (the tentative cut-off for delivering items for the November container is October 14th morning). Join us to see what happens to all the items prepared by White Cross groups across Canada. This is an opportunity to pray in action while enjoying one another's company. Please contact us (info@whitecrosscanada.ca or 780-733-2380 ext. 4) if you plan to join workdays or make a delivery.

Ai Hayashizaki, Administrator White Cross Canada info@whitecrosscanada.ca



## **BOOK REVIEW**

# Doing Life with Your Adult Children



Reviewed by Monica Goodnough - Pittsford Community Church

et me highly recommend a book entitled *Doing Life* with Your Adult Children, subtitle "Keep Your Mouth Shut &

The Welcome Mat Out," written by Jim Burns and published by Zondervan.

Maybe you were like me and read many books about childcare and child development when your children were young. We learned from experts who had walked that path before us. This is no different. Jim Burns has walked this path of

raising young adults and speaks from personal and professional experience. He offers practical advice with Godly wisdom.

Taking our kids to college was always a very hard day for me. I knew deep down that things were never going to be quite the same. I loved having all of my kids home, hearing about their days and celebrating all of the milestones. Those days were going to be fewer and fewer. Now they were going to be more independent and making decisions away from us. How were we going to respond? How were we going to keep the lines of communication open.? How were we going to help them from a distance? Would they still follow the Lord? Would we still have a voice in their life's decisions? Would they still call us and want to be around us? We are not a perfect family. We are not perfect parents. God shows us so much grace as we learn to parent our young adult children into adulthood. It is so important that



### **Looking for an Online Devotional?**

Download the Bible App and go to Reading Plans

### Becoming an Extraordinary Leader

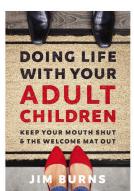
A 7 day devotional by Jenni Catron

We all long to be great leader, but what does it take to be an extraordinary, God-honoring leader? Rooted in the Great Commandment is a model for leadership that cultivates a life-increasing influence, but it requires our whole selves—heart, soul, mind, and strength. Join Jenni for a 7 day devotional to gain greater understanding of leading from our God-given best. jennicatron.com

#### **The Solitude Practice**

A 4 day reading plan by Practicing the Way

In a world that is overrun with distraction and noise, Jesus' invitation is to slow down and go with Him into the quiet and find deep peace and freedom we long for. This plan, by practicing the Way and John Mark Comer, features key ideas and practical suggestions for us to integrate this foundational practice of solitude into our everyday lives.



we keep becoming the older generation that is filled with faith and following Jesus every day, so much so, that our children will want to follow our example.

One of the couples in our Life Group asked if we could do a book study of this book and since we are all parents with children ranging from ages 17 to 37, we were all eager to read it. As a Life Group we have always been committed to praying for each other's families. We support one another and it's a safe place to share one's heart, so we eagerly wanted to talk about the truths we learned from this book. At the end of the book, he has included questions and refl ections that spark great conversation that

makes it an easy book to do with any group.

Here is a taste of some of the questions that you might relate with to consider reading this book. "Is it okay to give advice to my grown child? What's the difference between helping financially and enabling? What boundaries should I set if my child moves back home? How do I relate to my grown child's signifi cant other? How can I support my grown children when I don't support their values?" My favorite chapter was the last chapter titled, "It's Party Time with the Grandkids".

May the Lord bless you as you keep growing up into the older adult that God wants you to become.



### Lifeway Women Recommends 10 Bible Studies For Fall

Summer is quickly passing and the first day of fall is right around the corner! Anyone else counting down the days to pumpkin-flavored everything, leaves changing, and the temperatures finally cooling down?

While you're looking ahead to the next season, it's also a great time to find a Bible study for fall. Discover these Bible studies for you and your group.

Check these studies at www.lifeway.com