# Shelfrons

April Wahl, Middle School Director Century Baptist, Bismarck, North Dakota

Every girl needs a girl.
To remind her of her worth.
To sit with together at her lowest.
To be washed with joy when it all goes right.
To wonder and question when nothing seems to work.
To keep going toward the breakthroughs, toward deeper faith.

On November 1, 2019, over 500 women and girls gathered at Century Baptist to be empowered, equipped, and encouraged to link arms in their pursuit of actively following Jesus and loving people. The SheGrows Conference is just the beginning, it is simply a launching pad to propel women and girls forward into discipling, mentoring relationships.

The SheGrows Conference connected females of all ages from all backgrounds. See, that's the beauty of SheGrows. SheGrows is led some of the best speakers around; leaders from diverse



- 2 She Grows Conference
- **3** Warrior Princess Conference
- 5 Lent studies
- 6 Book Links

backgrounds with stories that will reach every female in the room.

The conference is designed for females of all ages, encouraging discipleship and intergenerational relationships. From pre-teen to 105 years old, this event is for any female desiring to grow deeper as a disciple of Jesus and replicate that in the life of someone else.

So what are you waiting for? What is Jesus calling you to? We know that he calls each and everyone of his disciples to discipleship, to disciple someone. So what does that next step look like for you? Is there a phone call to someone you've been meaning to make to invite her out to coffee? Have you had that info packet from the Preschool Ministry and you've been waiting for that right moment to jump into discipling the littlest ones in the church? The time is now. What will you do today to take one step forward in discipling someone? What will you do today to ask someone to start speaking into your life?

The purpose of this conference is to inspire and promote mentoring relationships among women of all generations. We help women link lives to grow a deeper faith.

# What does the conference look like?

SheGrows is a 3 hour event on a Friday night, featuring inspiring messages, informative discussions, and resources that target the empowerment of cross generational relationships.

All women are encouraged to attend from high school age through retirement, to see in one room the power of a faith that transcends generations. We want women to leave the conference seeking 2 things: an older woman who can build into them; and a younger woman they can build into- and through these mentoring relationships they will take their place in the chain of faith.

Our speakers visually represent some age and racial diversity... (Our ages range from 30-59) and our goal is to reach out to and welcome ALL women to this conference. We will provide the messages and teaching, panel discussions, reflection questions and outline for notes from the conference. Worship will be provided by host church. The cost will be \$39 per woman or \$44 at the door. We will provide some group discounts and special discount ticket days.

SheGrows Conference continued on next page....

#### What is required to host conference?

#### **YOU DO:**

- Promote the conference to your ladies and possibly surrounding churches (using the materials/video we provide)
- Commit to the minimum attendance requirement (200 women) Contract can be shared with multiple churches
- Provide a small group of volunteers to help at the event (registration, product sales, media/tech etc)
- Provide light refreshments if desired
- Provide the venue and create the environment (we provide tips/suggestions on how to decorate)
- Provide worship team (mostly female if possible)



#### WE DO:

- Run registration/payment through our website
- Communicate with registrants if there are problems or info to be passed before the event
- Collect all monies from ticket sales
- Provide all promotional material and guidance on how to best promote the event
- Provide all slides/media with instructions and minute by minute run sheet for night of event
- Provide notebook/handouts/ pen as take away items from the conference for future inspiration and personal action steps
- Provide a fun and inspirational evening to empower ladies to find someone ahead of them and behind them to build intoand link lives with to grow a deeper faith.
- Honorariums and travel expenses will be paid by the number of women who register, so the church will incur only minimal cost to host the conference (refreshments, photo booth, decorations, etc.)





# What others are saying about SheGrows...

"Spiritually and emotionally uplifting, energy charged, God's presence was so overwhelming; awesome praise & worship. A strong connection felt to the other ladies there."

"This conference is so encouraging! In a culture that makes women compete against each other instead of building each other up, She Grows is a breath of fresh air. It not only engages you to want to get on board with mentorship, but it equips you and gives you the tools to implement in your own life. The worship was spirit filled, the speakers, oh the speakers, I could have listened to the three of them for hours! You have to go!!!! It's just that good!"

Interested in hosting a SheGrows Conference, contact Melissa Johnston info@shegrowsconference.com

# NORTH AMERICAN BAPTISTS CONNECTION

#### **Our Vision**

To connect with women of the North American Baptist Conference and help them fulfill their calling.

#### **Our Mission**

•••••

To connect with women of the North American Baptist Conference, encouraging them in their desire to serve God, and providing them with valuable tools and resources to accomplish what God is calling them to do.

## Our Core Values

CALLING AND WORTH
We value the essential role
women play in ministry.

QUALITY RESOURCES
We value God's Word and
seek resources that are
Biblically sound, applicable
and accessible.

BROADER CONNECTION
We value supporting
the broader vision of
the North American
Baptist Conference and
developing a connection
among North American
Baptist Conference women.

LEGACY & THE FUTURE
We value the legacy
of women who have
gone before us and are
committed to engaging the
next generation.



### **Warrior Princess Conference**

Tabernaculo Biblico Bautista Nueva Jerusalen 'Mujeres de Fe' connect with hispanic women of Kitchener, Ontario

"Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God..."

**Ephesians 6:10,11** 

On Saturday, November 23, 2019, Tabernaculo Biblico Bautista Nueva Jerusalen's Woman's ministry known as "Mujeres de Fe," translated "Women of Faith," held their very first Women's conference titled Warrior Princess.

This event helped the women involved in the preparations strengthen their faith as we witnessed first hand how the Lord put all things in place in order for this event. The Lord chose three Warriors to bring His word to about 90 women who attended the conference.

We had the pleasure of having Arleen Gomez, Associate Pastor from Church at The Mission, Toronto, Ontario, who spoke to us about recognizing three elements that we are really fighting against which are: the flesh, the enemy and the world, and how God through His word can bring Victory against such.

We then heard Grace Ga, a Spoken Word Artist who spoke passionately about the story Joshua, where God tells him to take his filthy clothes off and He would clothe Him again. God has clothed us with righteousness and given us an Armor that will help us be victorious in all aspects of life, as long as we trust Him to use it.

Last but not least, we had Marta Palardy the Missions Deacon from Pittsford



Community Church, Buffalo, NY, break down all the aspects of the armor of God described in Ephesians 6 and how we as women can use each part through His strength and his Word in our lives.

It was such a blessing to have many local churches represented and sisters from New York also came. There were some guests who have not yet taken the Lord as Saviour, and we trust that through the planting of The Word from the conference, that seed will continue to grow until His day for them to do so. Some of the ladies reaffirmed their faith in Christ and are now better serving Him in the Women of Faith Ministry.

It was amazing to see the hand of God at work during the preparations, time, during the event, and continue to witness the ongoing impact it has had on the women of our congregation. As we start this new year, we are sure that He who began His good work in the lives of all these women shall finish it.

Janeth Rodriguez Mujeres de Fe, Kitchener





For centuries Christians have repeated these few simple words to one another as a reminder of the great victory of Christ over sin and death. He has risen from the dead, conquered death, and given humanity the means to a restored relationship with God.

As we prepare our hearts for Easter, we hope you'll join us as we study the resurrection of Jesus Christ. His

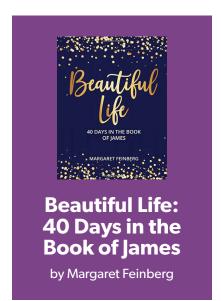
resurrection changed everything, and we want our lives to be a signpost of this great event.

Risen: How the Resurrection Changed Everything will take a deep dive into the resurrection of Jesus Christ, exploring the ways in which the greatest miracle changed history, changed humanity, and changed us. The resurrection changes us physically, spiritually, legally, mentally, socially, and eternally, and we're excited to study each of these in-depth.

We hope you'll join us online for this six-week study or on our Love God Greatly app. You'll find corresponding *Risen* content in both places with our Monday, Wednesday, and Friday blogs, further insights through our daily devotions, and a loving community to cheer for you as you seek to understand the power and implications of the resurrection of Jesus Christ.

Risen begins on Monday, March 2.

You can order this study online through our Love God Greatly store or on Amazon.



What would it look like for you to live a beautiful life?

The book of James overflows with doable and down-to-earth teaching on what it looks like to be a radiant follower of Jesus every day. Through James's words, you'll learn how to stand strong in the face of adversity, unleash the power of prayer, and live the true good life.

Beautiful Life includes a reading guide that divides this powerful epistle into 35 sections. Inside, you'll discover:

- A Welcome Letter
- Instructions on How to Use the Color Method

#### 40 Short Daily Lenten Prayers for Spiritual Renewal in 2020

From Brittany Ann at equippinggodlywomen.com

While you're welcome to pray through several of these prayers for Lent all at once, picking and choosing the ones that look most meaningful to you, I'd recommend praying one daily Lenten prayer each day throughout the 40 days of Lent.

I made sure to include 40 days of Lent prayers so you have enough for the entire season. And each of these daily prayers for Lent is short enough that you can pray one every day no matter how busy you are.



Short daily prayers for each Spiritual Renewal topic are found on the website.

- 40 Devotional Days of Reading and Reflection
- 40 Sets of Reflection Ouestions

Beautiful Life creates a space for you to study Scripture in a way that primes your heart to hear from God through familiar passages in a fresh way. Together, let's experience the fullness of life God intends.

# Book Links



Do you need to rethink your team structure, Bible studies, or discipleship approach? Does your event framework, outreach, or publicity need to be refreshed?

Rethinking Women's Ministry invites leaders to take a fresh look at their women's ministry framework through the lens of Scripture and prayer. Cyndee tackles the common obstacles women's ministry leaders face: generational gaps, unwilling mentors, biblical illiteracy, cliques, social media, sacred cows, and more!

Using real-life, practical examples and easy-to-adopt strategies, *Rethinking Women's Ministry* gives leaders tools to develop a women's ministry that flourishes!

Find the tools you need to:

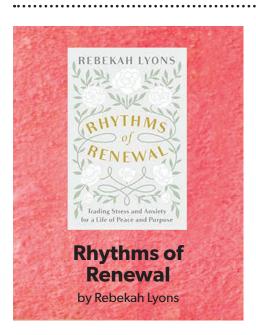
• Expand the reach of your ministry

- Adapt to today's culture
- Engage women of all generations
- Nurture transformation with grace
- Effectively evaluate your ministry and events

With a vision for women's ministry in the modern church, Cyndee challenges leaders to rethink current ministry practices. Rather than focusing on Pinterest-worthy productions, this book urges leaders to design events and activities that grow meaningful connections with one another and cultivate a deeper relationship with God—the elements of true discipleship.

Check out Cyndee's Women's Ministry Toolbox site for great sources for equipping leaders to cultivate a Christfocused community.

Sign up to receive Cyndee's emails womensministrytoolbox.com



From Rebekah's book page 19:

"What do you do when stress or anxiety or fatigue or discouragement hits, when it throbs in your ribs or steals your breath? When your words race and you try a desperate attempt to yawn and fill your lungs? What do you do when this is the norm of your everyday life?"

These daily struggles with anxiety and stress make it difficult to receive God's peace. What would it require to move forward toward peace, joy and a life we were created for? In her book, Rebekah explains how the simple-minded rhythms of Rest, Restore, Connect and Create helped her create and sustain emotional, relational, and spiritual health. These four life-giving rhythms modeled by

Jesus, quiet inner chaos and make room for a flourishing life.

Rest and Restore are 'input rhythms' that allow the peace of Jesus to fill us. Connect and Create are 'output rhythms' that pull us out of our heads and help us engage with the world around us.

Walk through the four practical rhythms to establish your life. Rest, Restore, Connect, Create will help you discover how to:

- Take charge of your emotional health, and inspire loved ones to do the same
- Overcome anxiety with daily habits that strengthen you mentally and physically
- Find joy through restored relationships in your family and community